



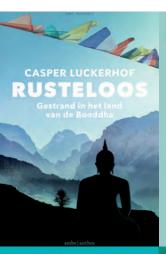


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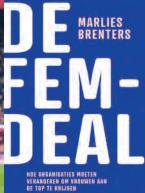






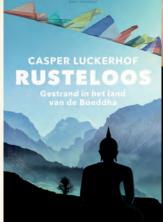












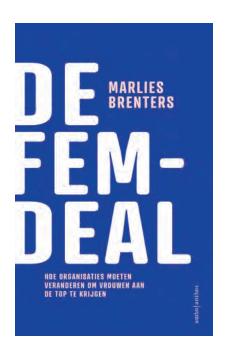






## MARLIES BRENTERS THE FEMDEAL

### WHY ORGANIZATIONS NEED TO CHANGE IF THEY WANT TO SEE WOMEN AT THE TOP



Why is it that there are still so few women in the highest echelons of business life? This may come as a surprise, but the fault does not lie with women. It lies with the companies. Opportunities seem equal, but guess what: they aren't.

In *The FemDeal* management consultant Marlies Brenters shows that for a woman the likelihood of getting to the top of a business is significantly lower than for a man. It's a problem that cannot be solved by quotas for women. Brenters argues in her book that to bring about real change, the DNA of organizations needs to change radically. Once that has happened, women will rise to the top.



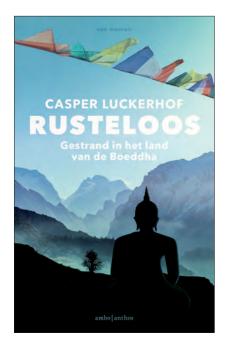
MARLIES BRENTERS graduated in English language and literature. She is an expert in the fields of career development and personal effectiveness, focusing on women and their careers, and the author of A Woman has Seven Faces, Men in Shapes and Sizes and the novel Overseas.

In this book Brenters teaches us about the psychology behind unequal opportunities for men and women in business life and the way to create truly equal chances.



## CASPER LUCKERHOF RESTLESS

### STRANDED IN THE LAND OF THE BUDDHA



In 2017 Casper Luckerhof travels to Nepal. He plans to write a book about the Buddha, Asia's greatest philosopher, that will unmask him as a power-hungry sect leader. It's the only way for Casper to draw a line under a childhood full of spirituality and to prove to his parents that he can live his own life.

But events take an unexpected turn. In Lumbini, where the Buddha was born 2,500 years ago, he is offered a job in the world's largest Buddhist library. In an institute that seems built like a fortress, he works with a German Tibetologist and an Italian academic. Casper's main task is to keep visitors out; the institute is their secret. Shortly before his father comes to visit him, Casper loses everything as the result of a conflict. Disillusioned, he sets off with his father on an epic trip through the Himalayas. *Restless* is an enchanting memoir about an almost obsessive quest for independence, meaning and a place in the world. It is also the story of an improbable friendship between three men who, in a remote region of Nepal, eventually drive one another to despair.

### Highlighted by the Dutch Foundation for Literature



**CASPER LUCKERHOF** is a historian and an expert on India. He writes for publications including *de Volkskrant* and *De Groene Amsterdammer*. In 2016 he published A Lonely Bridgebuilder: Travels through the India of P.A.S. van Limburg Brouwer.

'A magical memoir covering an almost obsessive quest for independence, meaning and one's own place in this world'- VolZin

The incredible and true story of a personal quest for freedom. For readers of *Wild* by Cheryl Strayed.



# RODERICK NIEUWENHUIS

### A SIMPLE LIFE

WHY OUR DESIRE FOR SIMPLICITY IS MORE COMPLEX THAN WE THINK



As far back as Ancient Greece, the pursuit of a simple life was seen as an antidote to the supposedly corrupting effects of prosperity and decadence. Simplicity stood for purity, truth and sobriety. In today's consumer society, that notion has returned in the desire for a tiny house in the woods, in #vanlife, minimalism, and the cleansing and organizing of Marie Kondo. Where does our centuries-old longing for simplicity come from? Does simplicity really bring about a purer and better life? What is simplicity exactly, and if we look at the many ways in which the term has been interpreted through the ages, does it really have anything to offer us?

In A Simple Life journalist and historian Roderick Nieuwenhuis goes in search of what simplicity can do for us. Drawing upon the work of writers, philosophers, architects and intellectuals, he investigates what is it that appeals to us about minimalism and decluttering, about unspoilt nature and authenticity. What actually happens to us when our lives become less complicated?



RODERICK NIEUWENHUIS studied history at the University of Amsterdam and worked as a journalist for publications including NRC Handelsblad, De Groene Amsterdammer and The Times Literary Supplement. He lives in Deventer with his wife and three sons.

Why are we so attached to decluttering, unspoilt nature and authenticity?

'Not a univocal ode to simplicity, but an insightful and smoothly written book that also shines a light on the dark sides of our desire for austerity.' – NRC



## JOLEIN DE ROOIJ

### NEVER, EVER, EVER BE AFRAID AT WORK AGAIN

### EMPLOYEES TALK ABOUT THEIR FEARS, EXPERTS OFFER SOLUTIONS



Human fear has always been there and affects almost all of us. These days, some anxieties mainly arise at work or stem directly from working conditions. There are many companies where a culture of fear prevails. You can suffer from performance anxiety or be terrified of responsibility. Or you might be troubled by vertigo, germophobia or a fear of flying, which will not only impede you in your private life but undoubtedly in the workplace as well.

That's what this book is about. Forty honest stories of people whose fears got them into difficulties at work. They speak frankly about their battles with anxiety and their embarrassment. And about the moment when they decided to break their silence, to confront their problems and seek professional help.

Each chapter addresses a specific type of anxiety. Offering, along with diagnoses and explanations, advice from experts and information about where to turn for help. *Never, Ever, Ever be Afraid at Work Again* is both informative and uplifting.



'A book full of consolatory stories.' - Haarlems Dagblad

'A kaleidoscopic overview, including the solutions provided by psychologists, coaches and other experts.' - Managementboek.nl

JOLEIN DE ROOIJ is a psychologist and journalist. She writes magazine articles and blogs, often based on interviews. Her work appears in periodicals including Psychologie Magazine and Intermediair. Never, Ever, Ever be Afraid at Work Again is her first book.



# WIES VERBEEK HOW TO AGE WELL

101 SURPRISING AND SURE-FIRE TIPS FOR BODY AND MIND



Who doesn't wish for a pleasant old age? Many people are interested in tips and information about health, fitness and keeping their good looks. But which remedy really works against wrinkles? How can you keep your brain healthy for as long as possible and what exercises are best for your bones?

Wies Verbeek, a healthy-aging journalist, has answers to all of these questions. Over the years she has interviewed more than eighty scientists and health experts, and immersed herself in specialist literature. In this books she presents a wealth of information and all the best tips, resulting from her extensive research.

How to age well offers surprising insights into the healthy aging process as well as handy tips and tricks, ranging across diet, menopause, appearance, breathing, the brain and much more besides. All under the heading of 'little effort, big result'.



How to age well is one of those books that you didn't know you were waiting for. This impressive collection of useful and worthwhile tips saves you years of research. You can put them into practice right away.' – Anita Witzier

WIES VERBEEK has years of experience in the magazine business, especially at Libelle, Margriet, Marie Claire and Nouveau. As a journalist she specializes in the subject of healthy aging. She is the founder of the platform BLOW, has made podcasts with presenter Jaap Jongbloed, and regularly makes presentations and holds workshops, always on subjects relating to a long life of happiness, health and fitness.



## FEMKE VAN ZEIJL DIY SOCIETY

LIFE IN LAGOS



In Nigeria, citizens are largely dependent on themselves for almost everything, from basic amenities like water and electricity to education, security and health care. In *DIY Society* Femke van Zeijl describes how her fellow residents of Lagos deal with these matters on their own. Worldwide the DIY society is the rule, and the Northern European welfare state the exception. Van Zeijl's tale of Lagos can be read as an example of the way the majority of the world's population has to get by.

In colourful, investigative and anthropological stories, penned down with love and humour, Van Zeijl illustrates what living in a DIY society implies for herself and for others. And she does not romanticise. People living in welfare states could learn a lot from the way people in Lagos deal with adversity. At the same time, despite their self-reliance born of necessity, her fellow townspeople would gladly sign up for better social security, education and healthcare, more justice and a government that can be relied upon.



FEMKE VAN ZEIJL is a Dutch writer and freelance journalist based in Lagos, Nigeria. She writes for Dutch and international media such as Dutch newspaper NRC, The New York Times and Al Jazeera, and makes radio an TV documentaries. She previously wrote two non-fiction books: A Night in a Mortar and Gin-Tonic & Cholera, and the

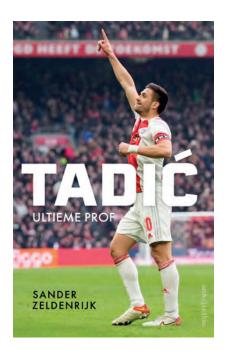
novel King of the Barracas.

'This homage to the self-reliance of the residents of Lagos reads like a life lesson for us all.' – Bram Vermeulen, journalist



## SANDER ZELDENRIJK TADIĆ

### **ULTIMATE PROFESSIONAL**



In the summer of 2018, Dušan Tadić left Southampton for a new adventure with Ajax. And it certainly was an adventure. The attacker arrived in a young, extremely talented team as an experienced player, and they reached the semi-finals of the Champions League in his debut season, something hardly anyone had thought possible. Tadić played in almost every match and excelled. Furthermore, both on the training field and off, he proved a source of inspiration for many of his teammates. Who is this man, who prefers to let his feet do the talking?

Sander Zeldenrijk has reconstructed the career of the 33-year-old Ajax player. While writing the book he spoke to Tadić's trainers, coaches, managers, teammates, friends and supporters in the Netherlands, England and Serbia. The result is a rich answer to the core question: what makes Dušan Tadić so special?



'Winning is something you do together.' - Dušan Tadić

**SANDER ZELDENRIJK** has spent the last twenty years working in sports journalism. Since 2008 he has been editor-in-chief of the monthly *Ajax Life*, a position from which he follows the club closely and has seen many Ajax players make their debut. With *Tadić* he makes a debut of his own, as an author.



# LUCIA VAN DEN BRINK THE SCENT OF A MOTHER

AN IMPRESSIVE NOVEL ABOUT A YOUNG WOMAN SCARRED BY CHILDHOOD TRAUMA



Lentl loses her mother at an early age. Her father blames her and the atmosphere at home grows increasingly grim. She has no one to turn to. The girl battles on, she has no other option, and draws a firm line around everything that could trouble her. She eventually becomes one of the best tattoo artists in the country. Lentl practices on herself, so much so that her skin is turned into a disturbing canvas displaying everything that has been done to her.

The Scent of a Mother is about Lentl as a child and as a woman in her thirties, about an unsafe upbringing and what it does to you. About what it leaves behind inside you. In your head.



with Nobody Like Him, which was shortlisted for the Hebban Debut Prize. She has published stories in literary magazines including De Revisor, Tijdschrift Ei, Papieren Helden and De Optimist. A translation of one of her short stories appeared in The Los Angeles Review. She graduated in Japanese studies, gained a master's in journalism and came third in the Dutch national karate championships. 'A raw and harrowing story that touches the soul.' - Murat Isik, winner of the Libris Literature Prize

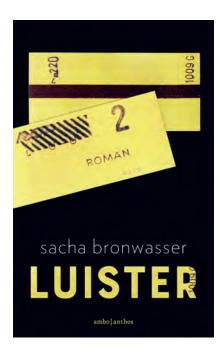
'The consequences of neglect are physically tangible, like a thousand tiny needle pricks.' - Jan van Mersbergen, author

'A powerful and important story about the sometimes unseen struggles children face and the trauma those can cause.'

- Samantha Stroombergen, thriller author



### SACHA BRONWASSER LISTEN



In *Listen*, Marie reaches out to her former photography teacher Flo, who was wounded in the 2015 terrorist attacks in Paris. They haven't talked to eachother since 1989, when Marie dropped out of art school and left to work as an au pair in Paris.

At that time she struggled with life in the hostile metropolis and a job in a disbalanced family. It was a hard, but much needed reset. Marie and Flo's lives and fates are inextricably linked. It's time to untangle the knot.

*Listen*, Sacha Bronwasser's second novel, takes the reader to Paris, both in the 1980s and now, in a hallucinatory search for identity, friendship, guilt and penance.



**SACHA BRONWASSER** is a writer, speaker, art historian and curator, in no particular order. She made her debut in October 2019 with the much praised *All They Say Is True*. Her short stories *The Fortunes* have been published on the online platform Mister Motley.

'Bronwasser can write, and how.' - Trouw

On All They Say Is True: 'Bronwasser has found a convincing voice.' – de Volkskrant

'A book like a painting, in which new details keep standing out if you take the time to look at it attentively.' -AD



# HERMAN KOCH THE ROYAL HOUSE

A MODERN-DAY SHAKESPEAREAN DRAMA IN TEN ACTS – STIRRING, WITTY AND SOMETIMES SHOCKING



Has there been a king after Louis XIV who really put his foot down? The primary purpose of most royal houses these days is to deliver stories: a blunder here, a political mishap there, a holiday home built with millions of euros of public funds in a developing country where the average day's pay is less than the price of a toilet roll back home. Then of course there are the magazine photos: a wedding, the christening of a new heir, a royal funeral. Great pictures, but members of a royal house are not rock stars. The show is generally limited to a lacklustre wave or two from a carriage, or a leg in plaster. This book tells the story of an exception to all that toothless mediocrity.

Bestseller listed



HERMAN KOCH is an internationally bestselling author. His 2009 novel The Dinner was translated into 42 languages and brought him worldwide fame. Subsequent years saw the publication of bestsellers including Summer House with Swimming Pool (2011), Dear Mr M. (2014) and The Ditch (2016). In Finnish Days (2020) Koch returned to his youth, which inspired his debut novel Save Us, Maria Montanelli (1989). Starring Sophia was published in August 2021.

On The Royal House:

'Black comedy *The Royal House* is vintage Koch: a masterful and riveting double whammy' – *Elsevier Weekblad* 

'A smart and smooth novel that leaves the reader in a triumphant mood' – NRC

On previous work:

'Koch keeps the perpetrator's identity a secret and swings the pendulum of guilt from one character to the next.' - Chicago Tribune

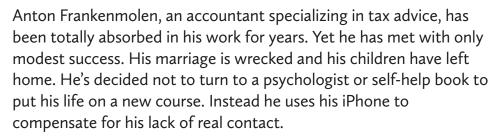
'Herman Koch's art consists mainly in giving the reader the shivers by creating characters whose cruelty is hidden beneath thin facades of decency and good manners, waiting to be discovered by those who fail to play along with the game of polite, arms-length relationships.'

- Der Spiegel

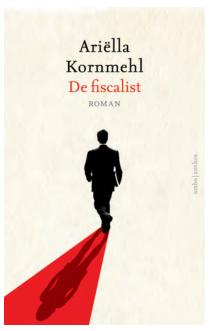




### THE DISCONCERTING STORY OF A MAN IN DANGER OF LOSING CONTROL OF HIS LIFE



While that fails to make him any happier, he focuses on the daughter of a respected client. Mila is a member of the Kaufmann family, which has owned several buildings in Amsterdam for many years. Anton is more than simply the family's tax adviser. Can his obsession with Mila liberate him from his stifling existence?





ARIELLA KORNMEHL has a degree in philosophy and lives in Amsterdam. She is the author of several novels including *The Butterfly Month* (2005), which was published in translation in six countries and nominated for the IMPAC Dublin Literary Award, and A *Silent Mother* (2009), which won her the 2011 Boekdelen Prize for the best book club book. Her novel *What I Had to Conceal* (2013) was adapted for the stage in Germany. *The Accountant* is her fifth novel.

'The Accountant represents all of us and is a highly urgent and important book.' - De Limburger

'In crisp and deliberate prose Kornmehl delivers humorous scenes which also make the reader feel uncomfortable at times.' - *De Telegraaf* 

'Ariella Kornmehl's stories give you an appetite for more.'
- Tommy Wieringa

On What I Had to Conceal:

'Kornmehl has written a remarkably beautiful book, unembellished, in plain language, full of serene images.' – *De Telegraaf* 

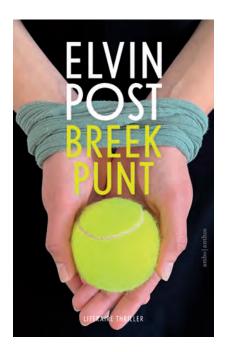
On The Butterfly Month:

'A delightful book full of intensity and sensitivity, tenderness and human warmth, not a single superfluous word.' – *Ha'aretz* 



## ELVIN POST BREAK POINT

A LIFE-AND-DEATH COMEBACK AT WIMBLEDON



Amy Dudley lives with her husband, tennis star Steven Dudley, and their thirteen-year-old son Tim in a big house in the countryside. She runs a coaching practice and appears to have everything she could wish for. But she's not in a good place. Steven has been paying little attention to her for a long time because he had a serious ankle injury, and Tim is being bullied at school.

Then Amy receives a message from a woman who claims to have been having an affair with Steven for the past six months. Amy's barely recovered from the shock when two armed robbers break into her house, at precisely the moment when Steven is making his long-awaited comeback on the sacred grass of Wimbledon.



On The Course:

'The Course is a delicious and original whodunnit, with convincing characters, a strong setting and a generous helping of cliffhangers.'

– De Limburger

'The experienced and awarded thriller writer Elvin Post neatly ties up all loose ends.' – *De Telegraaf* 

In 2004, with *Green Friday*, **ELVIN POST** became the youngest writer ever to win the Golden Noose. His second thriller, *Fake Picture*, was nominated for the same award. With *Room Service* he won the Diamond Bullet, the most important Flemish thriller prize. His work has been published in German, Spanish, Turkish, Hebrew and Indonesian.



### JANNEKE SIEBELINK SOMETIMES IT SNOWS IN APRIL

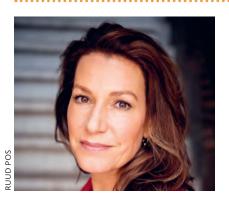
A GRIPPING AND COMPELLING STORY, BASED ON TRUE EVENTS



Texel, 1985. Katharina and Peter have reached a turning point in their relationship. Katharina is pregnant. Twenty years into the relationship they had no longer expected to conceive. During a summer's night on the island of Texel they sit talking in the car. As they talk, Katharina's past intrudes. Her father and grandmother died when she was twelve, her mother paid little attention to her and Katharina didn't feel at home anywhere. As she grew older she discovered there was another story about her family, one that leads back to the Second World War.

1944. In Amsterdam, Helena works at the German occupier's parties. She is on high alert, because the later the parties run into the night, the more candidly the situation in the city is discussed. Helena passes the information on, but when she is found out she has to flee Amsterdam. She reaches the island Texel, but the war still catches up with her.

#### Bestseller listed



'Siebelink has an inviting pen' - NRC

'This is clever. A story on birth, death, war and burning life questions told in a well-crafted, calm way. Siebelink has that skill' - Arjan Peters

'The language is accessible and rich in words, and the author knows how to paint beautiful spheric images.' – Bazarow

Under the name La Storia della Vita, JANNEKE SIEBELINK writes family histories on request. One day she comes across a wonderful love story, that takes place in Amsterdam and on the island Texel, during the last year of the Second World War. While half of the Netherlands is already liberated, Texel is still in the midst of war. In Sometimes it Snows in April, Siebelinks debut novel, she shares this remarkable story.



## MACHTELD SIEGMANN

# WAITING FOR THE MORNING



After a truck crashes into his house, seventy-two-year-old Tak goes to live with his granddaughter Aria for a while. Aria is a young, unmarried artist who lives in the city and is eight months pregnant. Sooner than expected, just before Christmas, her contractions begin. As she is going into labour, Tak leaves and meets the downstairs neighbour, who encourages him to tell his life story. What follows is a wonderful and compelling tale about Tak's life. Starting with his childhood during the Great Depression he goes on to talk about his mother's death, the Second World War, his relationships and his now estranged daughter Marina. What will the morning bring?

Waiting for the Morning is a novel about our inner compass, about judgement versus acceptance and the longing for reconciliation.

Highlighted by the Dutch Foundation for Literature



MACHTELD SIEGMANN, a Dutch language and culture specialist, made her debut with the novel *The Days of Trouble*, which won her several awards and nominations, including the 2020 Bronze Owl Award. Waiting for the Morning is her second novel.

On The Days of Trouble:

'Difficult to believe that *The Days of Trouble* is Siegmann's debut novel, the book is so cleverly constructed. An unusually strong debut.'

- De Limburger

On Waiting for the Morning:

'An impressive, rich novel that leaves you with the feeling that there's something hidden behind all things: a mystery, a promise of goodness.'

- Friesch Dagblad

'Simple and profound, subtle and lifelike. I didn't want to miss a word.'

- Nederlands Dagblad



# MARIAN MUDDER

# WHAT I WOULD HAVE LIKED TO HAVE KNOWN EARLIER

ON FEAR, SELF-LOVE AND ACCEPTANCE

WAT IK
EERDER HAD
WILLEN
WETEN OVER
ANGST, ZELFLIEFDE
EN ACCEPTATIE
MARIAN MUDDER

For years Marian Mudder suffered from anxiety. She tried all kinds of therapies and read many self-help books. Nowadays, besides her lived expertise, Marian has been a therapist for ten years, specialized in anxiety disorders. In What I would have liked to have known earlier you will find the best of what she has acquired over the years in terms of knowledge and wisdom, combined with her experience as a therapist. It's a self-help book that makes you want to take notes, and that makes you want to engage. A no-nonsense, humorous and loving guide to a lighter life. Meditation, yoga, Emotionally Freedom Techniques ('tapping technique'), research, note-to-self lists and tips and tricks make this book the ultimate self-help book for beginners and more experienced readers in the personal growth genre.

15.000 copies sold



MARIAN MUDDER is a therapist, writer and actress. She has written several novels. In 2017 her book Sessions on the sofa – on how therapy did not help me was published, on the different therapies she tried to deal with her anxiety disorder. What I would have liked to have known earlier is the self-help book she wishes she would have read earlier in her life.

This book is unique because it reveals the anatomy of emotional problems. Why do we think negatively about ourselves? Why can't we let go? The second and third part of the book focuses on solutions. A perfect link between psychology, neurology and spirituality.

"A child that is not treated well, does not stop loving its parents; that child stops loving itself."

'Marian Mudder has conquered her fears. A candid book with lots of tips' - NRC Handelsblad

'Years of therapy brought Mudder - now a therapist herself - insights she wants to share with others' - de Volkskrant

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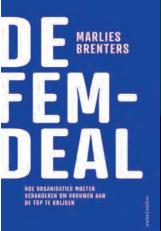
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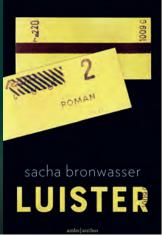
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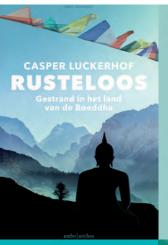




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### THE DINNER HERMAN KOCH

### **WORLDWIDE BESTSELLER**













Machteld Siegmann Wachter op de morgen

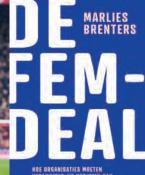
### 'n Beetje Leuk Ouder Worden

101 verrassende en bewezen tips voor lichaam en geest

Wies Verbeek









sacha bronwasser
LUISTER



